

CHRISTMAS OPENING HOURS

*Please check the Achieve Lifestyle App for our
group exercise timetable over Christmas*

Monday 23rd - 06:00 – 11:15 & 15:30 – 21:00

Tuesday 24th - 08:00-16:00

Wednesday 25th - **CLOSED**

Thursday 26th - **CLOSED**

Friday 27th - 7.00-11.15 & 15.30-20.00

Saturday 28th - 8.00-16.00

Sunday 29th - 8.00-16.00

Monday 30th - 7.00-11.15 & 15.30-20.00

Tuesday 31st - 8.00-16.00

Wednesday 1st January - **CLOSED**

**MERRY CHRISTMAS
FROM THE ACHIEVE
LIFESTYLE TEAM!**

