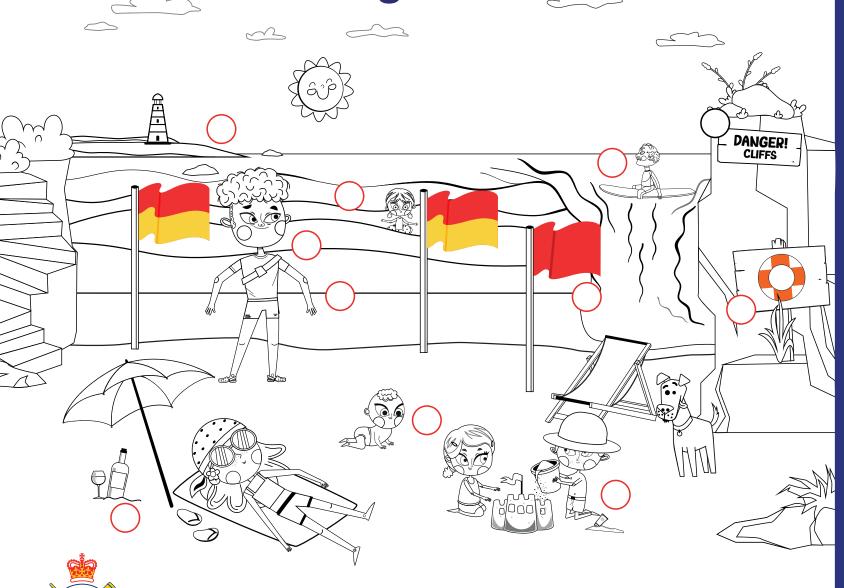
Water Safety at the Beach



ROYAL

LIFE SAVING

SOCIETYUK

DANGERS

Can you number the following danaers on the picture?

- Look out for deep or shallow water and take care around
- Stay back from cliff edges and never jump from high cliffs or bridges
- It's often windy at the coast and you can burn easily so wear sun cream and a hat
- Red flag means danger so stay out of the water
- Look out for rescue equipment and signs – they're there to keep vou safe
- Currents can push you out to sea
- Never mix alcohol and swimming
- Never use inflatables in the sea
- Red and yellow flags show a safe zone where Lifequards are keeping an eye on you
- Trained Lifeguards are there to keep you safe. Listen to them carefully
- Always watch children near water and keep within arm's reach

Always follow the WATER SAFETY CODE









For more resources and advice visit www.rlss.org.uk

Water Safety at the Beach

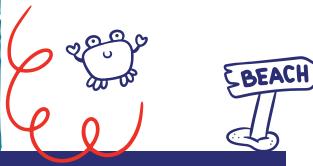


SWIM at lifequarded lakes

READ safety signs at the entrance to the beach

LEARN the meanings of the lifeguard flags

CHECK if the tide is coming in or out and make sure you won't be cut off from the beach exit



Why not share your pieces of art with us? Simply post with #enjoywatersafely.













Can you find all these words in the grid?

SAND CASTLE **BOATS FLAGS** SEAGULL **ROCKS CLIFF LIFEGUARDS SUN CREAM ICE CREAM** SPADE WIND **FLOAT**

INFLATABLE CURRENT HAT

MATCH the flags with the meaning



的产生学们 这个一大概以自己的现代人 以

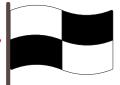
No Swimming



Always check wind direction and when pointed offshore. avoid using inflatables



Water sports only



Safe area to swim

