

Monday 18th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool						
6.00									6.00						
6.15									6.15						
6.30									6.30						
6.45									6.45						
7.00									7.00						
7.15									7.15						
7.30					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.30						
7.45									7.45						
8.00									8.00						
8.15									8.15						
8.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim					8.30						
8.45									8.45						
9.00									9.00						
9.15									9.15						
9.30					Fun Splash (Main Pool)				9.30	Swim Lessons					
9.45													9.45		
10.00													10.00		
10.15													10.15		
10.30													10.30		
10.45								10.45							
11.00	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	11.00						
11.15									11.15						
11.30									11.30						
11.45									11.45						
12.00					Fun Splash (Main Pool)				12.00						
12.15												12.15	Aqua Zumba		
12.30												12.30			
12.45												12.45			
13.00												13.00			
13.15												13.15	Private Hire (Dramatize)		
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim								13.30			
13.45												13.45			
14.00												14.00			
14.15												14.15	Junior Splash u8's (Small Pool)		
14.30								14.30							
14.45								14.45							
15.00								15.00							
15.15								15.15							
15.30								15.30							
15.45	Swim Lessons				Swim Lessons				15.45	Swim Lessons					
16.00															16.00
16.15															16.15
16.30															16.30
16.45															16.45
17.00															17.00
17.15															17.15
17.30															17.30
17.45															17.45
18.00															18.00
18.15						18.15									
18.30					Lane Swim (MEDIUM) (1.2m)	Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	Lane Swim (SLOW) (1.2m)	18.30						
18.45									18.45						
19.00									19.00						
19.15	Staines SC		Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	19.15	Aqua Aerobics					
19.30											19.30				
19.45												19.45			
20.00												20.00			
20.15					Underwater Hockey (1.8m)			20.15							
20.30											20.30				
20.45											20.45				
21.00											21.00				

Pool Closes at 21.00

Tuesday 19th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15									8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00									10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00	Lane Swim								11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30		Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)				13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00								16.00	
16.15								16.15	
16.30								16.30	
16.45								16.45	
17.00	Intensives							17.00	
17.15								17.15	
17.30								17.30	
17.45								17.45	
18.00								18.00	
18.15								18.15	
18.30								18.30	
18.45								18.45	
19.00								19.00	
19.15	Lane Swim							19.15	
19.30								19.30	
19.45								19.45	
20.00								20.00	
20.15								20.15	
20.30								20.30	
20.45								20.45	
21.00								21.00	

Pool Closes at 21.00

Wednesday 20th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim					8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00					Fun Splash (Main Pool)				10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00									11.00
11.15	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30	Lane Swim								13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30		Lane Swim	Lane Swim	Lane Swim					15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00	Intensives								17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00	Lane Swim								18.00
18.15									18.15
18.30									18.30
18.45									18.45
19.00									19.00
19.15									19.15
19.30									19.30
19.45									19.45
20.00									20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Thursday 21st December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15									8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00									10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00	Lane Swim								11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00		Lane Swim	Lane Swim	Lane Swim					12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30									13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00	Intensives								17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00	Lane Swim								18.00
18.15									18.15
18.30									18.30
18.45							Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	18.45
19.00									19.00
19.15									19.15
19.30									19.30
19.45									19.45
20.00	Staines SC		Staines SC		Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	20.00
20.15									20.15
20.30			Private Hire (Swim Solutions)						20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Friday 22th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
6.00	Woking SC			Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	6.00	Small Pool
6.15									6.15	
6.30									6.30	
6.45									6.45	
7.00									7.00	
7.15									7.15	
7.30									7.30	
7.45									7.45	
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	8.00	Small Pool	
8.15								8.15		
8.30								8.30		
8.45								8.45		
9.00								9.00		
9.15								9.15		
9.30								9.30		
9.45								9.45		
10.00								10.00		
10.15								10.15		
10.30	Fun Splash (Main Pool)							10.30	Junior Splash u8's (Small Pool)	
10.45	10.45									
11.00	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	11.00	Junior Splash u8's (Small Pool)	
11.15	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	11.15	Small Pool
11.30									11.30	
11.45								11.45	Aqua Stride	
12.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	12.00	Small Pool
12.15									12.15	
12.30									12.30	
12.45									12.45	
13.00									13.00	
13.15									13.15	
13.30									13.30	
13.45									13.45	
14.00									14.00	
14.15									14.15	
14.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	14.30	Junior Splash u8's (Small Pool)
14.45									14.45	
15.00									15.00	
15.15									15.15	
15.30									15.30	
15.45									15.45	
16.00								16.00	Intensives	
16.15	Intensives	Intensives	Intensives	Intensives	Intensives	Intensives	Intensives	Intensives	16.15	Small Pool
16.30									16.30	
16.45									16.45	
17.00								17.00	Junior Splash u8's (Small Pool)	
17.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	17.15	Intensives
17.30									17.30	
17.45									17.45	
18.00									18.00	
18.15								18.15	Intensives	
18.30	18.30									
18.45	18.45									
19.00	19.00									

Saturday 23th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.00	
8.15									8.15	
8.30									8.30	Toddler Splash
8.45									8.45	
9.00					9.00					
9.15					9.15					
9.30					9.30	Junior Splash u8's (Small Pool)				
9.45					9.45					
10.00					10.00	Junior Splash u8's (Small Pool)				
10.15					10.15					
10.30					10.30	Junior Splash u8's (Small Pool)				
10.45					10.45					
11.00					11.00	Junior Splash u8's (Small Pool)				
11.15					11.15					
11.30					11.30	Junior Splash u8's (Small Pool)				
11.45					11.45					
12.00	12.00	Junior Splash u8's (Small Pool)								
12.15	12.15									
12.30	12.30	Junior Splash u8's (Small Pool)								
12.45	12.45									
13.00	13.00	Junior Splash u8's (Small Pool)								
13.15	13.15									
13.30	13.30	Junior Splash u8's (Small Pool)								
13.45	13.45									
14.00	14.00	Junior Splash u8's (Small Pool)								
14.15	14.15									
14.30	14.30	Junior Splash u8's (Small Pool)								
14.45	14.45									
15.00	15.00	Junior Splash u8's (Small Pool)								
15.15	15.15									
15.30	15.30	Junior Splash u8's (Small Pool)								
15.45	15.45									
16.00	16.00	Junior Splash u8's (Small Pool)								
16.15	16.15									
16.30	Pool Closes at 16.30								16.30	

Sunday 24th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.00	
8.15									8.15	
8.30									8.30	Toddler Splash
8.45									8.45	
9.00									9.00	
9.15					9.15					
9.30					9.30	Junior Splash u8's (Small Pool)				
9.45					9.45					
10.00					10.00	Junior Splash u8's (Small Pool)				
10.15					10.15					
10.30					10.30	Junior Splash u8's (Small Pool)				
10.45					10.45					
11.00					11.00	Junior Splash u8's (Small Pool)				
11.15					11.15					
11.30					11.30	Junior Splash u8's (Small Pool)				
11.45	11.45									
12.00	12.00	Junior Splash u8's (Small Pool)								
12.15	12.15									
12.30	12.30	Junior Splash u8's (Small Pool)								
12.45	12.45									
13.00	13.00	Junior Splash u8's (Small Pool)								
13.15	13.15									
13.30	13.30	Junior Splash u8's (Small Pool)								
13.45	13.45									
14.00	14.00	Junior Splash u8's (Small Pool)								
14.15	14.15									
14.30	14.30									
14.45	14.45									
15.00	Pool Closes at 15.00								15.00	

Wednesday 27th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool			
6.00												
6.15												
6.30					CLOSED							
6.45												
7.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.00			
7.15									Aqua Fit			
7.30												
7.45												
8.00												
8.15												
8.30												
8.45												
9.00												
9.15												
9.30					Fun Splash (Main Pool)				9.30			
9.45												Junior Splash u8's (Small Pool)
10.00												
10.15												
10.30												
10.45									Toddler Splash			
11.00	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	11.00			
11.15												
11.30												
11.45												
12.00												
12.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)				12.00			
12.15									Aqua Stride			
12.30									Aqua Fit			
12.45												
13.00												
13.15												
13.30												
13.45												
14.00												
14.15												
14.30												
14.45												
15.00												
15.15												
15.30												
15.45												
16.00												
16.15												
16.30								16.30				
16.45								Junior Splash u8's (Small Pool)				
17.00												
17.15												
17.30					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	17.30			
17.45												Junior Splash u8's (Small Pool)
18.00												
18.15												
18.30												
18.45												
19.00	Pool Closes at 19.00								19.00			

Thursday 28th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00	CLOSED								
6.15									
6.30									
6.45									
7.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	
7.15									
7.30									
7.45									
8.00									
8.15									
8.30									
8.45									
9.00									
9.15									
9.30									
9.45									
10.00									
10.15									
10.30									
10.45									
11.00									
11.15									
11.30									
11.45									
12.00									
12.15									
12.30									
12.45									
13.00									
13.15									
13.30									
13.45									
14.00									
14.15									
14.30									
14.45									
15.00									
15.15									
15.30									
15.45									
16.00									
16.15									
16.30									
16.45									
17.00									
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00									

Pool Closes at 19.00

Friday 29th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool									
6.00																		
6.15																		
6.30					CLOSED													
6.45																		
7.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)										
7.15																		
7.30																		
7.45																		
8.00																		
8.15																		
8.30																		
8.45																		
9.00																		
9.15																		
9.30	Fun Splash (Main Pool)																	
9.45									Junior Splash u8's (Small Pool)									
10.00																		
10.15																		
10.30																		
10.45	Junior Splash u8's (Small Pool)																	
11.00																		
11.15	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim	Stay Active Lane Swim											
11.30																		
11.45									Aqua Stride									
12.00																		
12.15									Aqua Fit									
12.30																		
12.45																		
13.00																		
13.15									Fun Splash (Main Pool)								Junior Splash u8's (Small Pool)	
13.30																		
13.45																		
14.00																		
14.15																		
14.30	Junior Splash u8's (Small Pool)																	
14.45																		
15.00																		
15.15																		
15.30	Junior Splash u8's (Small Pool)																	
15.45																		
16.00																		
16.15																		
16.30					Junior Splash u8's (Small Pool)													
16.45																		
17.00																		
17.15																		
17.30																		
17.45																		
18.00																		
18.15																		
18.30																		
18.45																		
19.00																		

Saturday 30th December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.00	
8.15									8.15	
8.30									8.30	Toddler Splash
8.45									8.45	
9.00									9.00	
9.15					9.15					
9.30					9.30	Junior Splash u8's (Small Pool)				
9.45					9.45					
10.00					10.00					
10.15					10.15					
10.30					10.30	Junior Splash u8's (Small Pool)				
10.45					10.45					
11.00					11.00					
11.15					11.15					
11.30					11.30	Junior Splash u8's (Small Pool)				
11.45					11.45					
12.00	12.00									
12.15	12.15									
12.30	12.30	Fun Splash (Main Pool)	Junior Splash u8's (Small Pool)							
12.45	12.45									
13.00	13.00									
13.15	13.15									
13.30	13.30	Junior Splash u8's (Small Pool)								
13.45	13.45									
14.00	14.00									
14.15	14.15									
14.30	14.30	Junior Splash u8's (Small Pool)								
14.45	14.45									
15.00	15.00									
15.15	15.15									
15.30	15.30	Junior Splash u8's (Small Pool)								
15.45	15.45									
16.00	16.00									
16.15	16.15									
16.30	Pool Closes at 16.30								16.30	

Sunday 31st December 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.00	
8.15									8.15	
8.30									8.30	Toddler Splash
8.45									8.45	
9.00					9.00					
9.15					9.15					
9.30					9.30	Junior Splash u8's (Small Pool)				
9.45					9.45					
10.00					10.00					
10.15					10.15	Junior Splash u8's (Small Pool)				
10.30					10.30					
10.45					10.45					
11.00					11.00	Junior Splash u8's (Small Pool)				
11.15					11.15					
11.30					11.30					
11.45	11.45	Junior Splash u8's (Small Pool)								
12.00	12.00									
12.15	12.15									
12.30	12.30	Junior Splash u8's (Small Pool)								
12.45	12.45									
13.00	13.00									
13.15	13.15	Junior Splash u8's (Small Pool)								
13.30	13.30									
13.45	13.45									
14.00	14.00	Junior Splash u8's (Small Pool)								
14.15	14.15									
14.30	14.30									
14.45	14.45									
15.00	Pool Closes at 15.00								15.00	

