

# Monday 23rd October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30									7.30
7.45									7.45
8.00	Lane Swim							Lane Swim (1.2m)	8.00
8.15		Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)		8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45								Intensive Lessons	9.45
10.00									10.00
10.15									10.15
10.30	Intensive Lessons								10.30
10.45									10.45
11.00		Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (1.2m)	Get Active Swim (General)	Get Active Swim (General)	Get Active Swim (General)	11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45									18.45
19.00					Lane Swim (MEDIUM) (1.2m)	Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	Lane Swim (SLOW) (1.2m)	19.00
19.15									19.15
19.30					Lane Swim	Lane Swim	Lane Swim	Lane Swim	19.30
19.45									19.45
20.00	Staines SC	Lane Swim	Lane Swim						20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

## Tuesday 24th October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									
6.15									
6.30									
6.45									
7.00									
7.15									
7.30									
7.45									
8.00	Lane Swim							Lane Swim (1.2m)	
8.15									
8.30					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)		
8.45									Intensive Lessons
9.00									
9.15									
9.30									
9.45								Intensive Lessons	
10.00									Swim Lessons
10.15									
10.30									
10.45	Intensive Lessons	Lane Swim	Lane Swim	Lane Swim					
11.00									
11.15									
11.30									
11.45									
12.00									Private Hire (Constellations)
12.15									
12.30									
12.45									
13.00									
13.15									
13.30					Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Private Hire (A & StP)
13.45									
14.00									
14.15									
14.30									
14.45									Junior Splash u8's (Small Pool)
15.00									
15.15									
15.30									
15.45									
16.00									
16.15									
16.30									
16.45									
17.00	Swim Lessons								Swim Lessons
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00									Aqua Fit (18.50-19.35)
19.15									
19.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	
19.45									
20.00									
20.15									
20.30									
20.45									
21.00									

Pool Closes at 21.00

## Wednesday 25th October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Small Pool
6.15									
6.30									
6.45									
7.00									
7.15									
7.30									
7.45									
8.00									
8.15									
8.30									
8.45									
9.00									
9.15									
9.30									
9.45									
10.00									
10.15									
10.30									
10.45									
11.00									
11.15									
11.30									
11.45									
12.00									
12.15									
12.30									
12.45									
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13.45									
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15.45									
16.00									
16.15									
16.30									
16.45									
17.00									
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00									
19.15									
19.30									
19.45									
20.00									
20.15									
20.30									
20.45									
21.00									

Aqua Fit

Intensive Lessons

Toddler Splash

Toddler Splash

Aqua Stride

Aqua Fit

Private Hire (Dramatize)

Junior Splash u8's (Small Pool)

Swim Lessons

Pool Closes at 21.00

## Thursday 26th October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									
6.15									
6.30									
6.45									
7.00									
7.15									
7.30									
7.45									
8.00	Lane Swim							Lane Swim (1.2m)	
8.15									
8.30					Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)		
8.45									Intensive Lessons
9.00									
9.15									
9.30								Intensive Lessons	
9.45									
10.00									
10.15									
10.30	Intensive Lessons	Lane Swim	Lane Swim	Lane Swim					Swim Lessons
10.45									
11.00									
11.15									
11.30									
11.45									
12.00									
12.15									Junior Splash u8's (Small Pool)
12.30									
12.45									
13.00									
13.15					Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Junior Splash u8's (Small Pool)
13.30									
13.45									
14.00									
14.15									
14.30									Private Hire (SB)
14.45									
15.00									
15.15									
15.30									
15.45									
16.00									
16.15									
16.30									
16.45									
17.00									Swim Lessons
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00							Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	Family Aqua (18.50-19.35)
19.15									
19.30									
19.45									
20.00	Staines SC		Staines SC		Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	
20.15									
20.30			Private Hire (Swim Solutions)						
20.45									
21.00									

Pool Closes at 21.00

## Friday 27th October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00	Woking SC			Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	
6.15									
6.30									
6.45									
7.00									
7.15									
7.30									
7.45									
8.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Intensive Lessons	
8.15									
8.30									
8.45									
9.00									
9.15									
9.30									
9.45									
10.00									
10.15									
10.30	Intensive Lessons	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (1.2m)	Get Active Swim (General)	Get Active Swim (General)	Get Active Swim (General)	Swim Lessons
10.45									
11.00	Intensive Lessons	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (1.2m)	Get Active Swim (General)	Get Active Swim (General)	Get Active Swim (General)	Swim Lessons
11.15									
11.30	Intensive Lessons	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (Lane Swim)	Get Active Swim (1.2m)	Get Active Swim (General)	Get Active Swim (General)	Get Active Swim (General)	Swim Lessons
11.45									
12.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Aqua Stride
12.15									
12.30									
12.45									
13.00									
13.15									
13.30									
13.45									
14.00									
14.15									
14.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Aqua Fit
14.45									
15.00									
15.15									
15.30									
15.45									
16.00									
16.15									
16.30									
16.45									
17.00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00									

Pool Closes at 19.00

# Saturdays

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool	
8.00										8.00	
8.15	Swim Lessons									8.15	Swim Lessons
8.30											
8.45											
9.00											
9.15											
9.30											
9.45											
10.00											
10.15											
10.30											
10.45											
11.00										11.00	
11.15										11.15	
11.30										11.30	
11.45										11.45	
12.00										12.00	
12.15										12.15	
12.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)		Junior Splash u8's (Small Pool)	
12.45											
13.00											
13.15											
13.30											
13.45											
14.00											
14.15											
14.30											
14.45											
15.00											
15.15										15.15	
15.30										15.30	
15.45										15.45	
16.00										16.00	
16.15										16.15	
16.30	Pool Closes at 16.30									16.30	

## Sunday 29th October 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Swim Lessons						8.00	Swim Lessons
8.15										
8.30										
8.45										
9.00										
9.15										
9.30										
9.45										
10.00										
10.15										
10.30										
10.45										
11.00										
11.15							11.15			
11.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	11.30	Junior Splash u8's (Small Pool)
11.45										
12.00										
12.15										
12.30										
12.45										
13.00										
13.15										
13.30										
13.45										
14.00										
14.15										
14.30										
14.45										
15.00										
15.15										
15.30										
15.45										
16.00										
16.15										
16.30	Pool Closes at 16.30								16.30	