

Monday - 7th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00									11.00
11.15	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Swim (1.2m)	Senior Swim (General)	Senior Swim (General)	Senior Swim (General)	11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15	Swim Lessons		Swim Lessons						17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45					Lane Swim (MEDIUM) (1.2m)	Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	Lane Swim (SLOW) (1.2m)	18.45
19.00									19.00
19.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	19.15
19.30									19.30
19.45									19.45
20.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Underwater Hockey (1.8m)				20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Tuesday - 8th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool		
6.00									6.00		
6.15									6.15		
6.30									6.30		
6.45									6.45		
7.00									7.00		
7.15						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15		
7.30									7.30		
7.45									7.45		
8.00									8.00		
8.15									8.15		
8.30									8.30		
8.45									8.45		
9.00									9.00		
9.15									9.15		
9.30						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	9.30		
9.45											9.45
10.00											10.00
10.15											10.15
10.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)						10.30
10.45											10.45
11.00											11.00
11.15											11.15
11.30											11.30
11.45											11.45
12.00								12.00			
12.15								12.15			
12.30								12.30			
12.45								12.45			
13.00								13.00			
13.15								13.15			
13.30								13.30			
13.45								13.45			
14.00								14.00			
14.15								14.15			
14.30								14.30			
14.45								14.45			
15.00								15.00			
15.15								15.15			
15.30								15.30			
15.45								15.45			
16.00								16.00			
16.15								16.15			
16.30								16.30			
16.45								16.45			
17.00								17.00			
17.15								17.15			
17.30								17.30			
17.45								17.45			
18.00								18.00			
18.15								18.15			
18.30								18.30			
18.45								18.45			
19.00								19.00			
19.15								19.15			
19.30								19.30			
19.45								19.45			
20.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)			
20.15									20.15		
20.30									20.30		
20.45									20.45		
21.00									21.00		

Pool Closes at 21.00

Wednesday - 9th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15									8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00									10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00									11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30									13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45									18.45
19.00									19.00
19.15									19.15
19.30									19.30
19.45									19.45
20.00									20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Thursday - 10th August 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									
6.15									
6.30									
6.45									
7.00									
7.15									
7.30									
7.45									
8.00									
8.15									
8.30									
8.45									
9.00									
9.15									
9.30									
9.45									
10.00									
10.15									
10.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)				Swim Lessons
10.45									
11.00									
11.15									
11.30									
11.45									
12.00									
12.15									
12.30									
12.45									
13.00									
13.15									
13.30									
13.45									
14.00									
14.15									
14.30									
14.45									
15.00									
15.15									
15.30									
15.45									
16.00									
16.15									
16.30									
16.45									
17.00									
17.15									
17.30									
17.45									
18.00									
18.15									
18.30									
18.45									
19.00									
19.15									
19.30									
19.45	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Family Aqua (18.50-19.35)
20.00									
20.15									
20.30									
20.45									
21.00									

Pool Closes at 21.00

Friday - 11th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
6.00									6.00	
6.15									6.15	
6.30									6.30	
6.45									6.45	
7.00									7.00	
7.15									7.15	
7.30						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.30	
7.45									7.45	
8.00									8.00	
8.15									8.15	
8.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)				8.30	
8.45									8.45	
9.00									9.00	
9.15									9.15	
9.30									9.30	
9.45									9.45	
10.00						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	10.00	
10.15									10.15	Swim Lessons
10.30									10.30	
10.45									10.45	
11.00									11.00	
11.15	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Swim (1.2m)	Senior Swim (General)	Senior Swim (General)	Senior Swim (General)	11.15	
11.30									11.30	
11.45									11.45	Aqua Stride
12.00									12.00	
12.15									12.15	Aqua Zumba
12.30									12.30	
12.45									12.45	
13.00									13.00	
13.15									13.15	
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30	Junior Splash u8's (Small Pool)
13.45									13.45	
14.00									14.00	
14.15									14.15	
14.30									14.30	Toddler Splash
14.45									14.45	
15.00									15.00	
15.15									15.15	
15.30									15.30	
15.45									15.45	
16.00									16.00	
16.15									16.15	
16.30									16.30	
16.45									16.45	
17.00	Swim Lessons								17.00	Swim Lessons
17.15									17.15	
17.30									17.30	
17.45									17.45	
18.00									18.00	
18.15									18.15	
18.30									18.30	
18.45									18.45	
19.00									19.00	

Pool Closes at 19.00

Saturday - 12th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool	
8.00									8.00	
8.15	Swim Lessons								8.15	Swim Lessons
8.30										
8.45										
9.00										
9.15										
9.30										
9.45										
10.00										
10.15										
10.30										
10.45										
11.00										
11.15										
11.30										
11.45									11.45	
12.00									12.00	
12.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)		
12.30										
12.45										
13.00										
13.15										
13.30										
13.45										
14.00										
14.15										
14.30										
14.45										
15.00										
15.15										
15.30										
15.45										
16.00										
16.15										
16.30										
	Pool Closes at 16.30								16.30	

Junior Splash u8's
(Small Pool)

Sunday - 13th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool		
8.00	Lane Swim	Lane Swim	Swim Lessons								8.00	Swim Lessons
8.15												
8.30												
8.45												
9.00												
9.15												
9.30												
9.45												
10.00												
10.15												
10.30												
10.45												
11.00												
11.15												
11.30												
11.45	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	11.45	Swim Lessons		
12.00												
12.15												
12.30												
12.45												
13.00												
13.15												
13.30												
13.45												
14.00												
14.15												
14.30												
14.45												
15.00												
15.15												
15.30												
15.45												
16.00												
16.15												
16.30	Pool Closes at 16.30								16.30	Junior Splash u8's (Small Pool)		

Toddler Splash

Junior Splash u8's
(Small Pool)