

Monday - 14th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00									11.00
11.15	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Swim (1.2m)	Senior Swim (General)	Senior Swim (General)	Senior Swim (General)	11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15	Swim Lessons		Swim Lessons						17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45					Lane Swim (MEDIUM) (1.2m)	Lane Swim (MEDIUM) (1.2m)	Lane Swim (SLOW) (1.2m)	Lane Swim (SLOW) (1.2m)	18.45
19.00									19.00
19.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	19.15
19.30									19.30
19.45									19.45
20.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Underwater Hockey (1.8m)				20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Tuesday - 15th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool		
6.00									6.00		
6.15									6.15		
6.30									6.30		
6.45									6.45		
7.00									7.00		
7.15						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15		
7.30									7.30		
7.45									7.45		
8.00									8.00		
8.15									8.15		
8.30									8.30		
8.45									8.45		
9.00									9.00		
9.15									9.15		
9.30	Lane Swim					Fun Splash	Fun Splash	Fun Splash	9.30		
9.45											9.45
10.00											10.00
10.15											10.15
10.30		Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)						10.30
10.45											10.45
11.00											11.00
11.15											11.15
11.30											11.30
11.45											11.45
12.00								12.00			
12.15								12.15			
12.30								12.30			
12.45								12.45			
13.00								13.00			
13.15								13.15			
13.30								13.30			
13.45	Private Hire (AL)							13.45			
14.00								14.00			
14.15								14.15			
14.30								14.30			
14.45								14.45			
15.00								15.00			
15.15								15.15			
15.30								15.30			
15.45								15.45			
16.00								16.00			
16.15								16.15			
16.30								16.30			
16.45								16.45			
17.00	Swim Lessons							17.00			
17.15								17.15			
17.30								17.30			
17.45								17.45			
18.00								18.00			
18.15								18.15			
18.30								18.30			
18.45				Lane Swim				18.45			
19.00								19.00			
19.15								19.15			
19.30	Lane Swim	Lane Swim	Lane Swim	Private Hire	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Aqua Fit (18.50-19.35)		
19.45								19.45			
20.00								20.00			
20.15								20.15			
20.30								20.30			
20.45								20.45			
21.00								21.00			

Pool Closes at 21.00

Wednesday - 16th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30									7.30
7.45									7.45
8.00									8.00
8.15									8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30									9.30
9.45									9.45
10.00									10.00
10.15									10.15
10.30									10.30
10.45									10.45
11.00									11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15									12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30									13.30
13.45									13.45
14.00									14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45									18.45
19.00									19.00
19.15									19.15
19.30									19.30
19.45									19.45
20.00									20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Thursday - 17th August 23

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool
6.00									6.00
6.15									6.15
6.30									6.30
6.45									6.45
7.00									7.00
7.15									7.15
7.30						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.30
7.45									7.45
8.00									8.00
8.15									8.15
8.30									8.30
8.45									8.45
9.00									9.00
9.15									9.15
9.30	Lane Swim								9.30
9.45									9.45
10.00									10.00
10.15									10.15
10.30		Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)				10.30
10.45									10.45
11.00									11.00
11.15									11.15
11.30									11.30
11.45									11.45
12.00									12.00
12.15						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	12.15
12.30									12.30
12.45									12.45
13.00									13.00
13.15									13.15
13.30									13.30
13.45									13.45
14.00	Private Hire (AL)								14.00
14.15									14.15
14.30									14.30
14.45									14.45
15.00									15.00
15.15									15.15
15.30									15.30
15.45									15.45
16.00									16.00
16.15									16.15
16.30									16.30
16.45									16.45
17.00									17.00
17.15									17.15
17.30									17.30
17.45									17.45
18.00									18.00
18.15									18.15
18.30									18.30
18.45									18.45
19.00									19.00
19.15									19.15
19.30									19.30
19.45	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	19.45
20.00									20.00
20.15									20.15
20.30									20.30
20.45									20.45
21.00									21.00

Pool Closes at 21.00

Friday - 18th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool	
6.00									6.00		
6.15									6.15		
6.30									6.30		
6.45									6.45		
7.00									7.00		
7.15						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	7.15		
7.30									7.30		
7.45									7.45		
8.00									8.00		
8.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)				8.15		
8.30									8.30		
8.45									8.45		
9.00									9.00		
9.15									9.15		
9.30									9.30		
9.45									9.45		
10.00						Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	10.00		
10.15									10.15	Swim Lessons	
10.30									10.30		
10.45									10.45		
11.00	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Lane Swim	Senior Swim (1.2m)	Senior Swim (General)	Senior Swim (General)	Senior Swim (General)	11.00		
11.15									11.15		
11.30									11.30		
11.45									11.45	Aqua Stride	
12.00									12.00		
12.15									12.15	Aqua Fit	
12.30									12.30		
12.45									12.45		
13.00									13.00		
13.15									13.15		
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim (1.2m)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30	Junior Splash u8's (Small Pool)	
13.45									13.45		
14.00									14.00		
14.15									14.15		
14.30									14.30		
14.45									14.45		
15.00									15.00		
15.15									15.15		
15.30										15.30	
15.45									15.45		
16.00									16.00		
16.15									16.15		
16.30									16.30		
16.45									16.45		
17.00	Swim Lessons								17.00	Swim Lessons	
17.15									17.15		
17.30									17.30		
17.45									17.45		
18.00									18.00		
18.15									18.15		
18.30						Lane Swim (1.2m)	Lane Swim (1.2m)	Lane Swim (1.2m)	18.30		
18.45									18.45		
19.00	Pool Closes at 19.00									19.00	

Saturday - 19th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Small Pool	
8.00									8.00	
8.15	Swim Lessons								8.15	Swim Lessons
8.30										
8.45										
9.00										
9.15										
9.30										
9.45										
10.00										
10.15										
10.30										
10.45										
11.00										
11.15										
11.30										
11.45									11.45	
12.00									12.00	
12.15	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)		
12.30										
12.45										
13.00										
13.15										
13.30										
13.45										
14.00										
14.15										
14.30										
14.45										
15.00										
15.15										
15.30										
15.45										
16.00										
16.15										
16.30	Pool Closes at 16.30								16.30	

Sunday - 20th August 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		Small Pool
8.00	Lane Swim	Lane Swim	Swim Lessons						8.00	Swim Lessons
8.15										
8.30										
8.45										
9.00										
9.15										
9.30										
9.45										
10.00										
10.15										
10.30										
10.45	Lane Swim	Lane Swim	Swim Lessons						10.45	Swim Lessons
11.00										
11.15										
11.30										
11.45										
12.00										
12.15										
12.30										
12.45										
13.00										
13.15										
13.30	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	Fun Splash (Main Pool)	13.30	Swim Lessons
13.45										
14.00										
14.15										
14.30										
14.45										
15.00										
15.15										
15.30										
15.45										
16.00										
16.15	Pool Closes at 16.30								16.15	Junior Splash u8's (Small Pool)
16.30									16.30	

Toddler Splash

Junior Splash u8's
(Small Pool)